



NEWSLETTER OCTOBER 2018

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Congratulations to the following club in their celebrations:

35th Anniversary
Georgia Walkers

25th Anniversary
Triangle Trailblazers

25th Anniversary
TarHeel State Walkers
Volkssport Association

10th Anniversary
Ready Set Walk

21st AVA Biennial Convention June 9-16, 2019

Convention Co-Chair—Lea Darling

DON'T EXPECT THE USUAL AT THE 2019 AVA WALKING THRU HISTORY CONVENTION

Okay, we have the typical convention hotel, but the Red Lion Hotel will surprise you with a unique serpentine shaped swimming pool. The hotel parking lot is so **huge** that you can park your campers and motorhomes there. Sorry, but there are no services for hook up and definitely-no tents. You tenters will have to find a tenting site i.e. Moreau State Park.

Sure, we have the normal 3 convention walks, but we have added a new caveat with bussing **all walkers** to the Starting Points and returning **all walkers** back to the hotel each day of convention walks. Simple reason being, **very limited parking** in the areas of each of our walks. Not to worry, even if you are driving a car or renting one, please leave the drive to and from the walks up to **us**.

Our premier walk at the Saratoga National Historical Park, where the Saratoga Battles led to the "Turning Point of the American Revolution," will be a linear walk. Yes, we have done these before, but not as we will be presenting ours. The bus will drop you off at the start point and you will walk to where the bus is, get back on the bus and driven to the next point of interest, walk to the next stop and get back on the bus to head to the next walking point, etc. to the end. This will be a little longer than usual walk with much to see, experience, contemplate, and hopefully come to realize the sacrifice our Revolutionary men, women and children of the day endured to bring us to our present day **freedoms**.

Not your typical workshops will emphasize interesting AVA subjects to help clubs learn how to keep our clubs strong and vibrant in this day and age and, other fun (yes I did say FUN) and important topics. The convention selections will deal primarily with some of the amazing historical happenings in New York State.

Some unexpected social happenings beginning on Tuesday evening after dinner on your own, we will be



having a **fun** 5k walk in a beautiful park just a short walk from the hotel for those walkers who want a stretch after being on a plane, train, bus, or car. You will also be able to help (if you want) our convention pick for our not-for-profit fundraiser. More to come on this subject as things get firmed up. It has been the AVA custom for most of the convention clubs to show appreciation to their host city by making a donation to a local not-for-profit and we will continue this nice gesture. After the walk you will be able to buy, for a small fee, Ice Cream Cones and visit with some of your walking friends before the hectic days of convention commence!

In another article as we get closer to convention, I will share some of the other surprises we have for socials and the closing banquet.

Don't be surprised if you see Henry Hudson, Casey at the Bat, or Sal the Mule as you progress through some of the exciting days of convention.

PRE-CONVENTION WALKS

[June 9th](#)
[Portsmouth,](#)
[New Hampshire](#)

[June 10th](#)
[Danvers,](#)
[Massachusetts](#)

[June 11th](#)
[Springfield,](#)
[Massachusetts](#)

CONVENTION WALKS

[June 12th](#)
[Cohoes/Waterford,](#)
[New York](#)

[June 13th](#)
[Saratoga National Historic Park](#)
[& Schuylerville, New York](#)

[June 14th](#)
[President's Walk,](#)
[Albany, New York](#)

POST-CONVENTION WALKS

[June 15th](#)
[Cooperstown,](#)
[New York](#)

[June 16th](#)
[Buffalo,](#)
[New York](#)

UPCOMING TRADITIONAL EVENTS SOUTHEAST REGION

Campbell Fork School - Brasstown, NC
Jack Rabbit - Hayesville, NC
Joyce Kilmer - Robbinsville, NC
October 6-8 2018

Hosted by Asheville Amblers
Contact Judy Michele jumianc@aol.com
or call (828) 628-4343 for more info.

Dade City Memorial Walk - Dade City, FL
October 13, 2018

Both events hosted by Sun Coast Sandpipers
Contact Alice Lawrence at pipers@tampabay.rr.com
Or call (727) 542-9742 for more info.

35th Anniversary
Red Top Mountain State Park
Ackworth, GA
Event 1 – 5/10K -2C
Event 2 – 10K – 2C
October 13-14, 2018

Both events hosted by the Georgia Walkers
Contact Connie Clark at georgiawalkers178@gmail.com
or call (469) 713-4712 for more details.

Ortega Forest - Jacksonville, FL
Guided Walk
October 13, 2018

Hosted by First Coast Trail Forgers
Contact Cindy Gaver at yourtotalagent@gmail.com
or call (757) 618-5170

Clinton, NC – 5/10K – 1A
Goldboro – Wayne County – Goldboro, NC
Snow Hill, NC - 5/10K -1A
Cabin Lake Co. Park, Duplin Co. – Pink Hill, NC
October 26-28, 2018

Hosted by Winston Wanderers, Triangle Trailblazers,
and Metrolina Walkers. Contact Lloyd Tolbert at (276)
403-0608 or Keung Hui at (919) 610-1710 or Joan
Melville at (704) 564-1013 for more info.

Where to find information on upcoming
UpState PathFinders' walks:

Tune into 103.3/95.9 EarthFM with Lee
Alexander middays 10:00 am – 3:00 pm. He
announces our events while playing "The
Greatest Hits on Earth". Great show.

www.earthfmwrth.com



www.upstatepathfinders.com

[www.meetup.com/UpState-PathFinders-
Volkssporting-Club-Meetup](http://www.meetup.com/UpState-PathFinders-Volkssporting-Club-Meetup)



SAVE THE DATES

If you would like to join them at any of their stops,
they would love for you to join them. Below will let
you know where they will be and give you some idea
of what a Tater Tour would be like and cost.

North and South Carolina and Georgia Trip

OCTOBER 17 TH – 29 TH, 2018

Oct. 17th (Wed.): FLY DAY ONLY TO RALEIGH -
DURHAM (RDU) AIRPORT ! Hotel accommodations
at the Holiday Inn Express, Raleigh Airport for two
nights. (919) 653 - 2260 Continental Breakfast included
and free shuttle service from the airport. Short meeting
that evening at 7:00 p.m.

Oct. 18th (Thurs.): Depart our hotel and drive a short
distance to the Start/Finish, North Carolina Museum
History Information Center for 2 walks, Wolfpack and
Oakwood. We will be here all Day! The Oakwood
Walk passes through Historic Oakwood neighborhood
and the Oakwood Cemetery. Walk through Mordecai
Park, a "village street" of 19th century homes; past an

historic railroad station; into the State Capitol and Legislative buildings; past the Museums of Natural Science and History; and into City Market, a downtown Farmer's Market with restaurants and shops. The Wolfpack Walk goes through downtown Raleigh, into the State Capitol Building, through historic Pullen Park that features a carousel built in 1911, onto the campus of NC State University, the Raleigh Rose Garden, and into the Cameron Village shopping district. Return to our hotel.

Oct. 19th (Fri.): Depart our hotel and drive to Greensboro for year round event. This trail is mostly on city sidewalks and a paved park trail. See February One Place and Woolworth Building - site of 1960 sit - in that helped to launch the civil rights movement - museums, stately homes, and Greensboro College. In the afternoon, drive to Winston - Salem for another walk event. Trail winds through downtown, quiet neighborhoods of the Historic West End, along the stroll way a segment of Rails - to - Trails, and Old Salem - a reconstructed early Moravian town. Hotel accommodations in Winston - Salem at the Best Western Plus, (336) 893-7540. Breakfast included.

Oct. 20th (Sat.): Drive to Black Mountain for a walk in this picturesque, quaint town. This town is called the "front porch of Western North Carolina" with its specialty shops and great dining. Meander along a serene greenway and around Lake Tomahawk. Visit the "Oaks" mansion repurposed for use by Montreat College. Continue to Asheville for our hotel for 2 nights, the Comfort Suites, (828) 665 - 4000, Continental Breakfast included.

Oct. 21st (Sun.): Drive a short distance from our hotel to the Biltmore Estate area for tour and walk! We will be here all day! Stroll through gardens, newly renovated conservatory and along paths and trails throughout the Estate not normally seen by visitors. Water and camera are musts. Trail shoes or hiking boots are recommended for the walk, and a walking stick would help. Carry a snack. For an additional 2 km, walk through 250 room chateau, built by George Vanderbilt at the end of the 19th Century. Return to our hotel.

Oct. 22nd (Mon.): Drive a short distance for the North Carolina Arboretum walk. The 5K includes formal gardens, a walk along a stream and through woods. 10 & 11 Km pass through formal and informal gardens and along forest roads and trails.

Continue our journey to South Carolina and to the city of Greenville for walk. Beautiful walk through Falls Park with spectacular falls and along the Reedy River. Pass the site of the "Swamp Rabbit" railroad, the Zoo,

Cleveland Park, Statue of Shoeless Joe Jackson, and Liberty Bridge. Search for the "Mice of Main St", 9 bronze mice that are placed discretely (some would say hidden) along the sidewalk, on both sides of Main St. Continue onto Columbia, South Carolina for 2 nights at the Holiday Inn Express Downtown, (803) 744 - 4000. Continental Breakfast included

Oct. 23rd (Tues.): Participate in the Capital Walk and River Walk, hopefully from our hotel!!! The Capital walk takes you through the USC campus and the historical section of Columbia and around the State House grounds. See the Governor's Mansion, stroll along man made waterfalls in a scenic park and through a memorial park honoring South Carolina servicemen. The River walk is primarily on eight foot concrete walkways or boardwalk paths along the pristine Congaree River. You can walk through history in a still functioning, 122-year-old lock that was constructed in 1891 that still controls the flow of the river. This piece of working history will not be missed as the walk goes right through it. You can view natural wonders, and man-made excellence all the while walking through South Carolina's wildlife habitat.

Oct. 24th (Wed.): Drive to Charleston, South Carolina to the Magnolia Plantation for a tour and then the walk. We will be here most of the day! Walk through the Audubon Swamp Garden and see a typical black water cypress and tupelo swamp, complete with gators. See myriad of shore birds along banks of Ashley River. Drive a short distance to our hotel for 2 nights at the Springhill Suites, (843) 571 - 8084. Continental breakfast included.

Oct. 25th (Thur.): Drive possibly to an area where we can start both walks in historic Charleston. (Would like not to have to pay for parking permit to enter historic area) The Historic Walk strolls on sidewalks, cobblestones and stone pathways, as you walk through this historic town. Walk through the Historic District, a waterfront park, White Point Gardens, the Market area and The College of Charleston. The Ravenal Bridge Walk offers spectacular views of Charleston and the water front, Mount Pleasant, Fort Sumter and the ships at Patriots Point. Bridge crosses a marsh and the Cooper River. Return to our hotel.

Oct. 26th (Fri.): Drive to Beaufort, South Carolina for walk. This event walks through a classic old Southern port city with a National Cemetery, beautiful homes, a quaint downtown, and a picturesque waterfront. Site of many movies. Recognized by the National Trust for Historic Preservation as one of a "dozen distinctive destinations."

Continue onto Hilton Head to participate in year-round event. (Hopefully we will be able to do the walk from our hotel.) Enjoy the sound of the surf and seabirds as you walk along a pristine beach. Stroll through exquisite neighborhoods, along shaded paths/walkways/bridges sheltered from busy streets. Enjoy a rest at a quaint little park with refreshing water features, or on swings overlooking the beach. Fantastic shopping and eating along the way. Hotel accommodations at the Holiday Inn Express Hotel located just a couple of blocks from the beach. (843) 842-6662. Continental Breakfast included.

Oct. 27th (Sat.): Depart our hotel and drive to Savannah, Georgia for year-round event. We will be here all day long! The walk starts at the Savannah History Museum and goes into one of the most walker friendly cities in the USA, filled with colonial and American Civil War history. Savannah takes its historical heritage quite seriously, and you will pass marvelously restored homes dating back to the 1700's. Stroll through the beautiful park squares with their statuary. Relish the Spanish moss draped live oak trees. Relive the thrills of John Berendt's book and the movie, "Midnight In The Garden of Good and Evil." Visit the unique shops and restaurants along River St. and in the Old City Market. The city provides a diverse collection of museums. Hotel accommodations for one night at the Fairfield Inn & Suites, (912) 965 - 9777, (Outside the city) Continental Breakfast included.

Oct. 28th (Sun.): Head South, with a stop in St. Mary's, Georgia for a walk before we end in Jacksonville Florida for the end of our journey. The walk is rich in history, natural beauty, and southern hospitality. St. Mary's is the gateway to the Cumberland Island National Seashore. The walk will take you through the historic area, the Oak Grove Cemetery with graves dating back to 1801, and along the scenic waterfront with glimpses of Cumberland Island in the distance. Hotel accommodations at the Holiday Inn Express at Jacksonville Airport, (904) 421-5000. Continental Breakfast included.

Oct. 29th (Mon.): FLY DAY ONLY BACK TO OUR HOME DESTINATIONS!! (Free shuttle service to airport)

Price Per Person: (EXCLUDING \$50.00 DEPOSIT!)

SINGLE: \$2600.00 **DOUBLE:** \$1750.00

PAYMENT SCHEDULE:

SINGLE: **March 20th-** \$1300.00 **August 15th -**
\$ 1300 .00
DOUBLE: **March 20th** \$875.00 **August 15th -**
\$ 875 .00

The cost of the trip will include:

- Fully Escorted Deluxe Bus Transportation by Gunther Charters
- 12 nights of Hotel Accommodations
- Continental Breakfast or Full Breakfast included in all hotels
- Entrance Fees in to Biltmore Estates, parking of bus at NC Arboretum and Magnolia Plantation tour of House and possibly nature train tour.
- All Taxes and Tips, including the Bus Driver and Tour Escort
- Credit Only Walk Fees (16 walks)

Tater Tours will be walking the following UpState PathFinders' walks on the following dates:

October 22nd (Mon)
Historic Greenville

October 23rd (Tue)
Columbia River Walk

[If you are interested in joining them let me know.](#)



Happy Birthday to our October members:

Terry Reiling 10/11
Susanne LeClair 11/11
Bill Maurer 15/11

“Follow the Path”
Guided Walk Schedule
Oct 2018 – Jan 2019

DATE	DAY	CLUB	EVENT	REGISTRATION TIME	START TIME	ADDITIONAL NOTES
Sep 23 rd	Sun	UP	Furman University 5/10K	8:00 am	8:30 am	Start Point: Parking lot w/green train car on Duncan Chapel Rd near softball fields
Oct 7 th	Sun	UP	Travelers Rest 5/10K	9:00 am	9:30 am	Start Point: Hampton Inn, 593 Roe Center Ct., Travelers Rest, SC 29690
Oct 14 th	Sun	GW/UP	35 th Anniversary Red Top Mountain State Park 5/10K	9:00 am	9:30 am	Start Point: Beach Pavilion, 50 Lodge Road SE, Acworth, GA 30102 \$5 park entry fee.
Oct 21 st	Sun	UP	Historic Greenville 5/10K	9:00 am	9:30 am	Start Point: Piedmont Fire Dept., Parking lot, 2119 State Park Rd., Greenville SC 29609
Nov 11 th	Sun	UP	“Thank A Vet” Cleveland Park 5/10K	9:00 am	9:30 am	Start Point: Shelter #29, Cleveland Park, Greenville SC 29601
Nov 23 rd	Fri	UP/REI	#OptOutside with REI., Inc Paris Mountain State Park 5/10K	9:00 am	9:30 am	Start Point: Piedmont Fire Dept., Parking lot, 2119 State Park Rd., Greenville SC 29609
Dec 2 nd	Sun	UP	Columbia Riverwalk “5/10k	9:00 am	9:30 am	Start Point: SpringHill Suites, 511 Lady St., Columbia, SC 29201
Jan 19 th - 21 st	Sat- Sun- Mon	UP	MLK Weekend Alta Vista Country Club Lake Conestee Nature Park	9:00 am – noon	9:00 am - noon	Start Point: Augusta Circle Elementary Parking lot, 100 Winyah St., Greenville, SC 29605

UP - UpState PathFinders GW Georgia Walkers REI -

Please call or email prior to the event date for changes or cancellations
(864) 505-5051 or mcdanielr99@yahoo.com
Thank you for taking an interest in our club/walks.

**AVA: AMERICA'S WALKING CLUB
SOUTHEAST REGION**

A M B F M M C J S S I M G L O T J H R W O Q P M G
 S E V I K S A S C R C E B U S O S J M I V E T Y N
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ASHEVILLE AMBLERS
 CAPITAL CITY WANDERERS
 EAST TENNESSEE WANDERERS
 FIRST COAST TRAIL FORGERS
 HAPPY WANDERERS
 MEANDERING MANATEES
 METROLINA WALKERS
 MID-FLORIDA MILERS
 PAWS AND EFFECT

PENSACOLA VOLKSMARCH CLUB
 PERDIDO KEY VOLKSMARCH CLUB
 READY SET WALK
 ROWAN ROAMERS
 TRIANGLE TRAILBLAZERS
 TUCK A SEE WANDERERS
 UPSTATE PATHFINDERS
 WINSTON WANDERERS